

# WEEK 1 NURSERY MENU SUMMER 2022.

Week 1 starts: 18 April, 9 & 30 May, 20 June, 29 August, 19 September, 10 October.

## MONDAY

Main meal  
Butcher Pork  
Sausages  
Or  
Vegetarian  
Tomato Pasta.  
Sides:  
Mashed Potatoes  
with Baked Beans  
Or Coleslaw.  
Dessert:  
Strawberry  
& Kiwi Cup.  
Tea menu:  
Savoury Cheese  
Wrap.

## TUESDAY

Main meal  
Chicken Korma  
Or  
Vegetarian  
Cheese Wheel.  
Sides: Rice with  
Broccoli Or  
Sweetcorn.  
Dessert: Fruit  
Platter.  
Tea menu:  
Spaghetti on  
Toast.



## WEDNESDAY

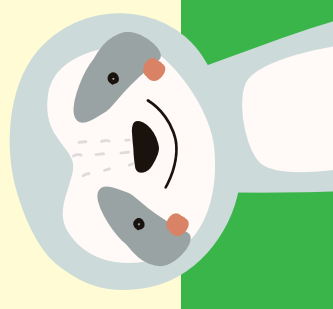
Main meal  
Chicken  
Goujons  
Or  
Vegetarian  
Cheese Panini.  
Hoops with  
Coleslaw  
Or Sweetcorn.  
Dessert:  
Fresh Fruit  
Salad & Natural  
Yoghurt.  
Tea menu:  
Lentil Soup &  
Crusty Bread.

## THURSDAY

Sandwich:  
Vegetarian Egg  
Mayonaise Roll  
Main meal  
Mince & Mealie  
Or Vegetarian  
Lentil Soup.  
Sides: Mashed  
Potatoes with  
Carrots Or  
Diced Mixed  
Vegetables.  
Dessert: Fruit  
Platter.  
Tea menu: Turkey  
Salad Or Sliced  
Egg Salad Rolls.

## FRIDAY

Main meal  
Cod & Salmon  
Fishcake  
Or  
Vegetarian  
Singapore  
Noodles.  
Peas Or Green  
Beans.  
Dessert:  
Melon Cup.  
Tea menu:  
Pasta Salad.



Daily fresh Salad & Fruit Selection, Bread & Milk.

# WEEK 2 NURSERY MENU SUMMER 2022.

Week 2 starts: 25 April, 16 May, 16 & 27 June, 22nd August, 5 & 26 September.

## MONDAY

Main meal  
Gluten Free  
Salmon Fish  
Fingers  
Or

Vegetarian Herbie  
Spaghetti.

Sides:

Mashed Potatoes  
with Baked Beans  
Or Vegetable  
Medley.

Dessert: Fruit  
Platter.

Tea menu:  
Cream Cheese  
Vol au Vent.

## TUESDAY

Main meal  
Roast Chicken  
with Mealie  
Or Vegetarian  
Baked Potato with  
Baked Beans.

Sides: Boiled  
Potatoes with  
Brussels Sprouts  
Or Coleslaw.

Dessert: Melon  
Fruit Cup.

Tea menu:  
Vegetable Soup &  
Crusty Bread.

## WEDNESDAY

Sandwich: Tuna &  
Sweetcorn Wrap.

Main meal  
Bolognese Sauce  
Or

Vegetarian  
Vegetable Soup.

Sides: Spaghetti  
with Sweetcorn.

Dessert:

Fresh Fruit  
Salad & Natural  
Yoghurt.

Tea menu:  
Beans on Toast.

## THURSDAY

Main meal  
Steak Pie  
Or Vegetarian  
4 Cheese Ravioli  
in Tomato Sauce.

Sides: Baby Boiled  
Potatoes with  
Carrots Or Peas.

Dessert: Mixed  
Berry Selection.

Tea menu: Pitta  
Bread & Hummus.

## FRIDAY

Main meal  
Vegetarian  
Stuffed Crust  
Cheese & Tomato  
Pizza Or  
Vegetarian  
Shepherd's Pie.

Sides: Garlic  
Bread with  
Beetroot Or  
Broccoli.

Dessert:  
Fruit Platter.

Tea menu:  
Pizza Fingers.



Daily fresh Salad & Fruit Selection, Bread & Milk.

# WEEK 3 NURSERY MENU SUMMER 2022.

Week 3 starts: 2 & 23 May, 13 June, 22 August, 12 September, 3 October.

## MONDAY

Main meal  
Gluten Free Pork  
Meatballs in  
Gravy  
Or  
Vegetarian Red  
Lentil and Sweet  
Potato Curry.

Sides:  
Mashed Potatoes  
Or Rice with  
Green Beans  
Or Mixed  
Vegetables.

Dessert:  
Strawberry and  
Melon Cup.  
Tea menu: Cheese  
on Toast.

## TUESDAY

Main meal  
Salmon Nibbles  
Or  
Vegetarian  
Vegetable  
Lasagne.

Sides: Chips  
with Peas Or  
Sweetcorn.

Dessert: Fruit  
Platter.

Tea menu:  
Sweet Potato &  
Butternut Squash  
Soup & Crusty  
Bread.

## WEDNESDAY

Main meal  
Vegetarian Quorn  
Toad in the Hole  
Or  
Vegetarian  
Macaroni Cheese.

Sides: Garlic  
Bread with  
Carrots Or  
Beetroot.

Dessert:  
Sliced Apples &  
Pears.

Tea menu:  
Cheese &  
Tomato  
wrap.

## THURSDAY

Main meal  
Chicken Pie  
Or Vegetarian  
Quorn Fajitas.

Sides: Potato  
Croquettes with  
Sweetcorn Or  
Baked Beans.

Fruit Selection.

Tea menu: Quorn  
Sausage Roll.

## FRIDAY

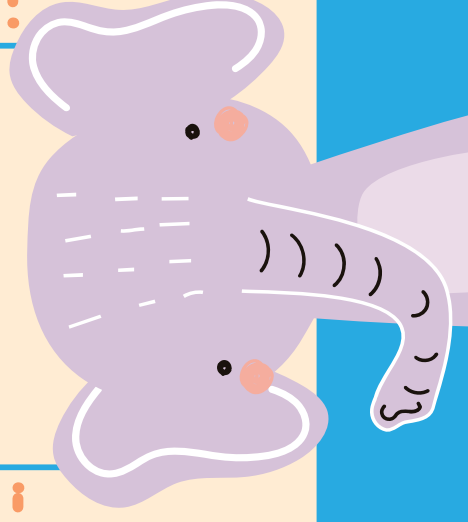
Main meal  
Chicken Grill in a  
Bun Or  
Vegetarian  
Vegetable Risotto.

Sides: Potato  
Wedges with  
Coleslaw Or  
Broccoli.

Dessert:

Fresh Fruit  
Salad & Natural  
Yoghurt.

Tea menu:  
Mini Frittata  
Fingers with  
Beetroot  
salad.



Daily fresh Salad & Fruit Selection, Bread & Milk.