

December 2022

Newsletter

2022/23



Fernelea Features

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@FerneleaSchool

Fernelea School

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Head Teacher: Mrs Lisa Walker

Reminder to all Parents

If your child forgets something – do not bring it in as your child will manage without it. It will allow your child to develop their problem solving skills and we would never see a child go without. We have lots of coats, waterproofs, and equipment which can be borrowed. Cups will be provided if they forget their water bottle and a healthy snack can be provided if they forget their snack. Lunch will always be provided if they forget their packed lunch.

Don't worry – whatever your child has forgotten they will be fine.

The **only** exception to this is vital medication (phone school first).



Merry Christmas Everyone!

Well, we are at the end of Term 2 and we have had a very busy term with lots of exciting events taking place.

The School Christmas Fair was a fantastic event attended by so many people from our school community. It was a great success and the Parent Council worked so hard to ensure its success. Well done!

We had our Sponsored Walk in our local community in November and despite the cold weather it was a huge success raising over £2000 which helped us to buy gifts for the senior citizens in our local community. Sadly we had to cancel the Senior Citizen show and afternoon tea but we donated the gifts to the wonderful residents of Summerhill Care Home who were delighted to receive them.

Although the concert was cancelled last week, the classes wanted to share their festive singing with you all so the links will be shared on Seesaw and Google Classroom.

P7 have been on a visit to Hazlehead Academy this term and are planning to visit again in January.

Support for Families

People across Aberdeen are being affected by the most severe economic crisis in a generation – this includes families you come into contact with every day. The link below has a summary of the support available via benefits, counselling services, money advice, access to warm spaces and essential items like food, clothing and household goods and may be helpful for signposting families to sources of help and advice.

<https://www.aberdeencity.gov.uk/services/help-cost-living>

Aberdeen City Support Line – 0800 0304713

We offer a range of support and advice to those who find themselves in a crisis. Examples of support we provide include help with getting food, discussing financial assistance that is available to you, and who you can go to for energy costs and wellbeing advice. We work alongside other Council teams as well as our partners in the city to provide support to our residents.

P4 Swimming

In Term 3, P4 will be embarking on their swimming lessons at Tullos Swimming Pool. Information and forms will be issued to P4 parents/carers at the beginning of term 3. Please ensure you return the forms sent out as soon as possible.

Staffing

This term we said a Fernelea Farewell to Miss Simpson (P6/7) as she embarked on her new teaching adventure in a Secondary School. We also bid farewell to Miss Keith, PSA, as she began work as an Early Years Practitioner in another Aberdeen

HAPPY SAFE ACHIEVING

Our School Values are:
Happy Safe Achieving

Fernielea School Approaches

Steps to support self-regulation:

- Notice the behaviour and tune in to the emotion
- Connect and recognise this as opportunity for teaching
- Listen empathically and validate feeling
- Verbally label emotion
- Explore solutions together

All adults at Fernielea School strive to be:

- Calm, considered and consistent
- Relentlessly positive and have high expectations for everyone
- Nurturing and build relationships with unconditional positive regard for all
- Committed to supporting regular opportunities to reflect on, repair and restore all relationships.

Our restorative questions (TEAR)

T – THINK

- What were you thinking at the time?
- What was the trigger?

E – EMOTION

- How did you feel in the moment?
- What emotions can you describe feeling?

A – ACTION

- What did you do next?
- How did you respond?

R – RESULT

- What happens now?
- What is the result of your actions?

Discuss strategies for next time – breathing, speaking to an adult or friend, having a quiet moment elsewhere, counting to ten

Suggested scripts:

- Did that make you feel...when...?
- Were you feeling...when...?
- It sounds/looks like that made you feel...?
- That would make me feel... too
- I feel... when... happens too
- It looks like you are very happy/led
- I am as you are angry
- Are you feeling sad?
- It sounds/looks like you were very scared?
- I wonder if you are feeling sad?
- I bet that made you angry?

Extreme behaviours will be dealt with immediately by SLT, parents informed and appropriate next steps discussed and agreed.

School. We wish both the best of luck in their new roles and look forward to hearing how they are settling in.

At the beginning of December we welcomed Miss Zdanowicz, ELC Support Worker, to our nursery. She will be working in both classes and looks forward to getting to know all of our ELC families. We will also soon be welcoming Miss Hendry who will be teaching P6/7 as of January.

Health Promoting School

We would like to remind all parents that children should be provided with a water bottle to allow them safe and hygienic access to fresh drinking water in school. Bottles should not contain juice of any kind as this is not healthy in relation to dental health and physical health.

Jewellery in School

A huge thank you goes to all of our families for making a concerted effort to ensure that children have their piercings removed for PE. This is making a huge difference to the safety of pupils. Please remember that dangling earrings should not be worn at all in school, only studs should be worn to avoid any injury. Please refer to the school handbook for further guidance. It can be found on our website.

Relationships at Fernielea

At Fernielea, we have been focusing on developing strong and positive relationships with children and their families.

In School we are guided by trauma informed approaches to working with children and supporting them to achieve their potential. We focus on emotion based approaches with staff trained in line with the Connected Compassionate Communities approach. When children require support, the focus isn't on punishing children but restoring and repairing relationships and developing strategies to prevent and improve behaviours and responses.

Please read the short guide on expectations of relationships approaches in Fernielea School.

<https://fernielea.aberdeen.sch.uk/blog/2022/12/20/positive-relationship-approaches-at-fernielea/>

We would like to take the opportunity to wish everyone a very Merry Christmas and a Happy New Year and we look forward to seeing you all again in 2023!



Dates for Your Diary	
Thursday 22 nd December	P1 & P6 Lead our Christmas Service – one parent/carer from P1 and P6 families only invited to attend – 9.30am in the school hall
Thursday 22 nd December	End of Term 2 for Primary pupils and ELC-9-3 pupils
Friday 23 rd December	End of Term 2 for ELC pupils AM & PM
Monday 9 th January 2023	Term 3 Starts
Monday 13 th February	Holiday – school closed to P1-7 pupils and 9-3 ELC. Open for AM & PM ELC
Tuesday 14 th February	Inservice Day – school closed to all pupils including all ELC

HAPPY SAFE ACHIEVING

Wednesday 15 th February	Inservice Day – school closed to all pupils including all ELC
Thursday 23 rd February	Parent Consultation 2
Friday 3 rd March	P4 Fairtrade Assembly – P4 parents welcome to attend 9.10-9.30am
Wednesday 8 th March	Parent Council Disco
Friday 31 st March	P3 Easter Assembly – P3 parents welcome to attend 9.10-9.30am
Friday 31 st March	Term 3 Ends (Whole School)
Monday 10 th April	Term starts – ELC-AM and ELC-PM only
Monday 17 th April	Term 4 starts – P1 – P7 and ELC-9-3
Tuesday 18 th April	P7 residential trip
Monday 1 st May	Holiday – school closed to all pupils including all ELC
Tuesday 2 nd May	Inservice Day – school closed to all pupils including all ELC
Tuesday 9 th May	School photographer – class photos
Wednesday 31 st May	P1-7 Sports Day PM
Wednesday 7 th June	Reserve Sports Day – PM
Thursday 8 th June	Parent Consultation 3
Friday 9 th June	Summer Fair
Thursday 22 nd June	Parent Council School Disco
Thursday 6 th July	P7 Leavers' Assembly 1.30pm
Friday 7 th July	End of Term 4 - P1 – P7 and ELC-9-3
Wednesday 19 th July – Friday 28 th July	ELC-AM and ELC-PM closed for holidays
Monday 31 st July	Nursery re-opens for ELC-AM and ELC-PM classes only
Thursday 17 th August	Last day of term for ELC-AM and ELC-PM
Monday 21 st August	Inservice Day 1
Tuesday 22 nd August	Term 1 2023/24 starts

Information regarding School Term dates can be found here:

[HOLIDAY DATES](#)

You can select the academic years from the selections on the page.

HAPPY SAFE ACHIEVING